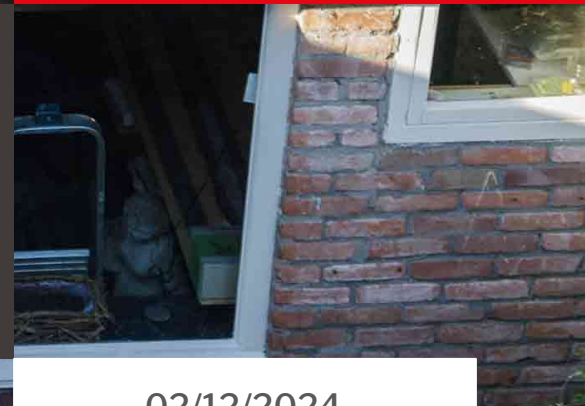




**Refractory
ceramic fibers
(RCF) as an
alternative to
asbestos**

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Fibers

Length $> 5 \mu\text{m}$

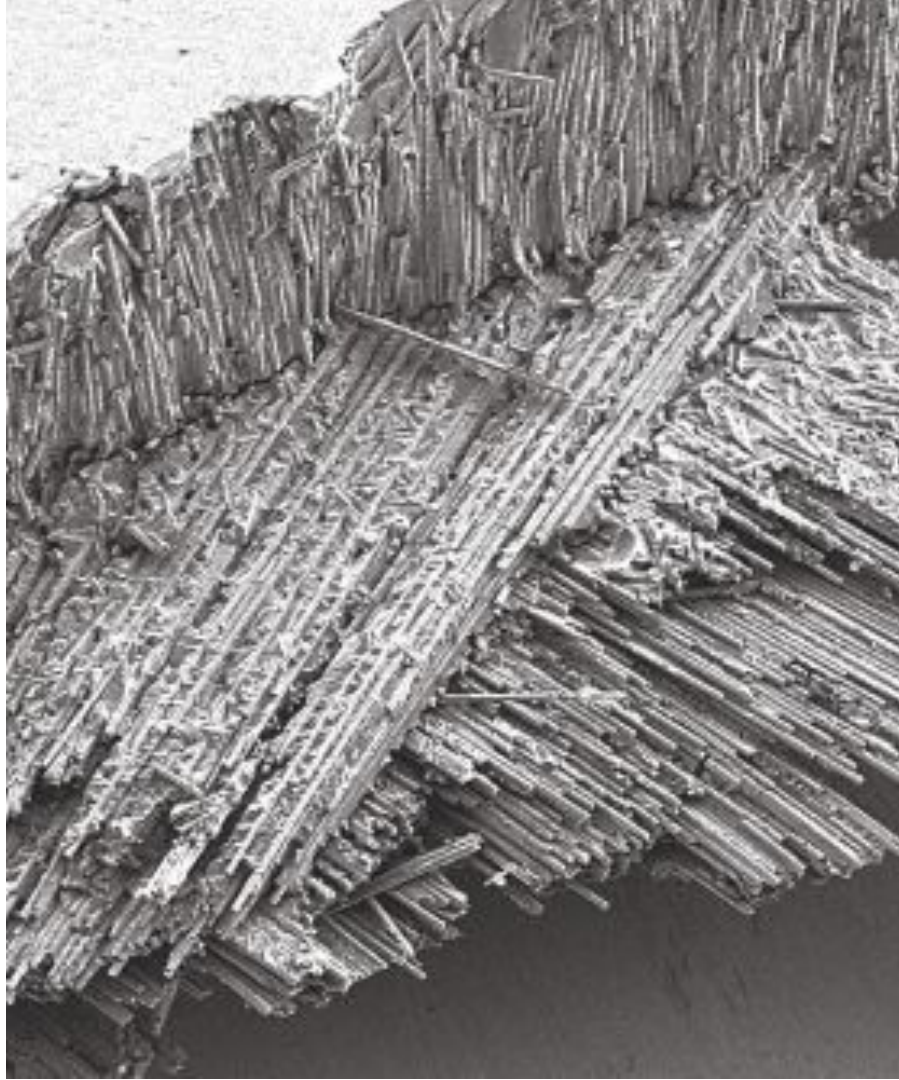
Diameter $< 3 \mu\text{m}$

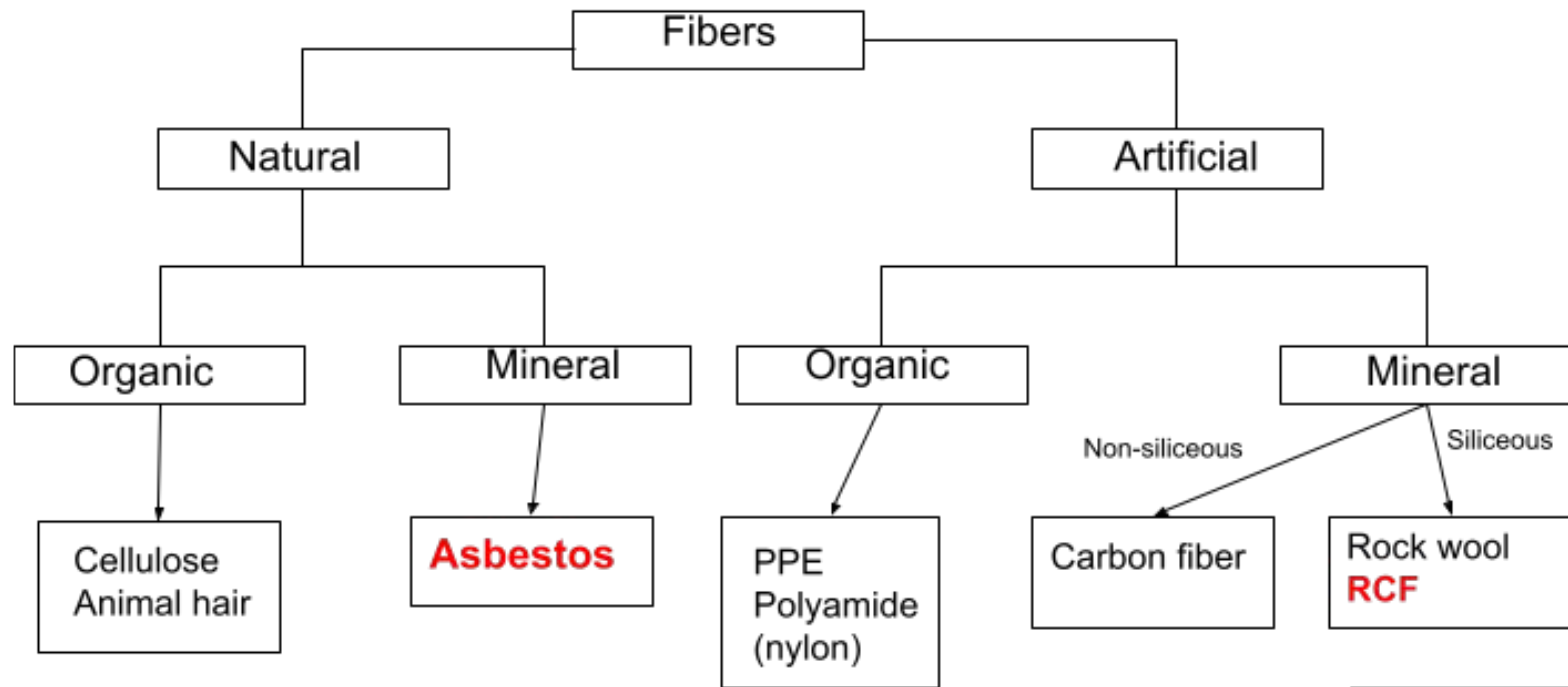
Length/Diameter ratio > 3

Elasticity, resistance to heat/chemicals
are often key properties

Refractory : resistant

Ceramic : Amorphous material formed by
heat







Main similarities and differences between asbestos and RCF

	Asbestos	RCF
Chemical formula	$\text{Mg}_3\text{Si}_2\text{O}_5(\text{OH})_4$ (chrysotile)	$x(\text{Al}_2\text{O}_3) y(\text{SiO}_2)$
Thermal resistance	1000°C	1500°C
Uses	Historically widely used	High temperature industries
Source	Natural	Artificial
Effect on health	Respiratory issues	Respiratory issues

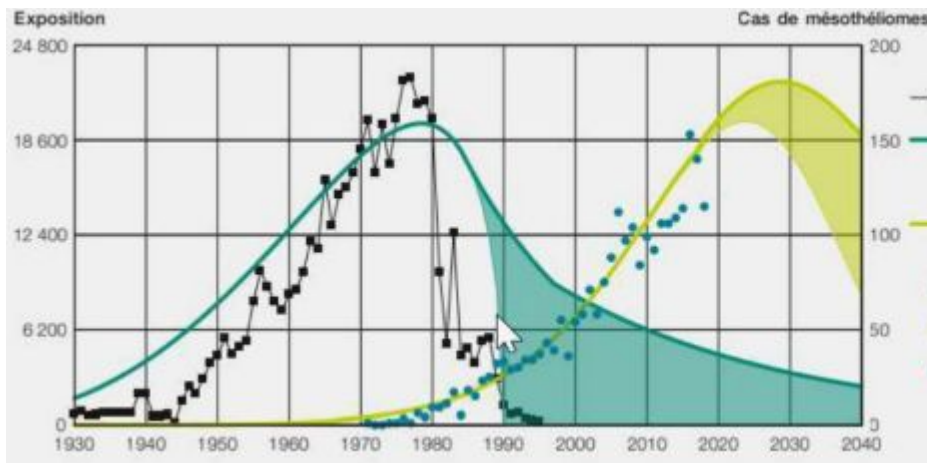


Hazard identification

	Asbestos	RCF
Exposure route	Inhalation	Inhalation
Specific issues	Asbestosis, Mesothelioma, Damage to lungs	Skin and eye irritation, cough, dyspnea, pleural plaques
Carcinogenicity classification (IARC)	Group 1 (Carcinogenic to humans)	Group 2B (Possibly carcinogenic to humans)
Weighted halftime in human body	400 to 900 days	100 days



Risk assessment



Delay of 30-40 years
between exposure and
disease

Exposure much lower than
for asbestos : 0.6 fb/ml vs
10-100 fb/ml on avg

Workers exposed : 30'000 (US), 25'000 (EU)

20 to 40% of workers > recommended limit

Animal studies showed cancer risks, but no human cancer increase

Clear increase of pleural plaques in exposed workers

To summarize, the risk is low, because :

- Only mild respiratory symptoms have been associated
- Exposure is much lower than asbestos
- Bio persistence is lower
- RCFs are present only in controlled environments and can be monitored
- “ the maximum likelihood estimate of the incremental risk associated with a working lifetime exposure to RCF at 1 fb/ml was approximately 4.4×10^{-5} ” (Moolgavkar et al. (2000))



Relevant regulations

- Ban of asbestos in Switzerland in 1989
- REACH Regulation (ECHA) : DNEL = 2.17 fb/ml in 2010
- BOEL in EU regulation : 0.3 fb/ml. Developed with ECFIA in 2017
- US : Product stewardship program (PSP) by the RCF industry in collaboration with OSHA and NIOSH. Guideline of 0.5 fb/ml → reduce risks to levels between 0.073/1000 and 1.2/1000
- Category 2 carcinogen in EU → Obligation to reduce and replace under ALARP



Recommendations

- Closed systems and ventilation
- Wetting and use of manual tools to limit fibers in the air
- PPE : wear goggles and suit if needed
- Use of respirators and monitoring for most affected workers
(guided by the PSPs)
- Substitute with AES

https://publications.iarc.fr/_publications/media/download/3800/248f035cc5c8fe981537c4066c2d25e36a0ee20a.pdf

<https://www.cdc.gov/niosh/docs/2006-123/pdfs/2006-123.pdf?id=10.26616/NIOSH PUB2006123>

https://echa.europa.eu/documents/10162/35144386/149_refractory_ceramic_fibres_oel_en.pdf/28461fa4-70a4-b39a-a09f-35a3b270294d?t=1691407193823

<https://pubmed.ncbi.nlm.nih.gov/20388033/>